

Organic White Bitter Gourd / Bitter Melon ☐☐☐

Written by Administrator

Tuesday, 23 August 2011 22:04



Recently, during our visit to my uncle's farm, we get to know a new type of vegetable, bitter gourd in creamy white colour. It was an organic bitter gourd that did not use any fertilizer. My uncle gave one to mom for take away!

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Was a little soft but still quite good. The bitter melon is a bit bitter but it's not too bad. The black well, it's a bit bitter.

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Regarding bitter melon recipe, will be happy to help you. If you have any questions, please feel free to ask. Thank you for visiting my food blog.